



CARRIE'S COVID Q&A

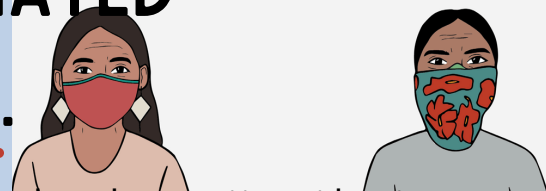


Question: If I've been vaccinated, do I still need to quarantine after having contact with someone who has tested positive for COVID-19?

Answer: If you think you may have been exposed to COVID-19 it is important to get tested 3-5 days after exposure and to monitor yourself for symptoms. Current guidelines state that as long as you are full vaccinated AND are not experiencing symptoms, you do not need to quarantine. However, you should wear a mask in indoor spaces until you get a negative test result. If you do test positive, you should contact your physician or health department for quarantine instructions.

Source: Wisconsin Department of Health Services

NATIVE AMERICANS ARE VACCINATED AT THE HIGHEST RATE IN THE U.S.



- Currently, almost 46 percent of American Indians and Native Alaskans have gotten at least one dose and almost 40 percent have been fully vaccinated.
- A PBS article highlighted the “the successes—and challenges—of getting vaccines to urban Native American communities.”
- Native communities were some of the hardest hit by the pandemic.
- The U.S. Indigenous population had more than 3.5 times the infection rate, more than four times the hospitalization rate, and a higher mortality rate than white Americans, reports the Indian Health Service (IHS), a federal health program for American Indians and Alaska Natives.
- Official data reveals that the Navajo Nation, the largest tribe in the U.S., has been one of the hardest-hit populations, reporting one of the country’s highest per-capita COVID-19 infection rates in May 2020, the Navajo Times reports.
- Health experts and leaders of public health programs say that many Native people see getting vaccinated as a way to protect their families and communities—whether in cities or on reservations.

“Do this for the grandmas, do this for the ceremony, do this for the language, because our people are precious...We already lost a lot. We can’t afford to lose more.”

AICA Announcements



Student Support Sessions are offered weekly at the AICA on Thursdays from 3:00 to 5:00 PM. The variable access to education and academic support during the COVID-19 Pandemic has impacted Native youth. In our mission to improve the quality of life for our community, the AICA is able to offer academic support for students PreK to 9th grade. Our Student & Family Support Specialist will create a rich learning environment focused on student needs. Collaboration with parents regarding academic intervention and resources is also available as part of the student support. Please call (414-930-9210) if you would like to enroll your student for support.



AICA has been making appearances with our resource tables at community events recently.



Our resource table at the Gerald L. Ignace Community Health Fair.



Our resource table at Ethan's Run Against Addiction in Greenfield.

We will be at The Native Market & Summer Social on Sunday, August 29th from 10:00-5:00.

Today's Little Chuckle

Q: WHAT DO YOU CALL A PRIEST THAT BECOMES A LAWYER?

A: A FATHER-IN-LAW!

