



JANUARY 27, 2022

**CARRIE'S
COVID Q&A**

Source: CNN



Question: How can I order free Covid-19 home tests if I don't have access to the internet?

Answer: Last week, FREE Covid-19 tests were made available to order from the website CovidTests.gov. However, many individuals may not be able to access this site for a variety of reasons. If this is the case for you or someone you know, there is also a phone number you can call to order tests. The phone number is: **1-800-232-0233**. Currently, the wait is between one to two weeks for tests to arrive. Having tests on hand when you start to feel sick can help with stopping the spread and with seeking early treatment. Each household is able to order 4 free tests.

Correcting Myths About the COVID-19 Vaccine



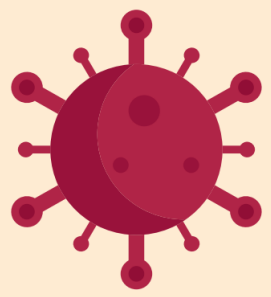
Myth #1: The COVID-19 vaccine will impact my pregnancy or fertility.

FALSE. There is no evidence that COVID-19 vaccines can impact your pregnancy or ability to have a healthy child. COVID-19 vaccines are recommended for those who are trying to get pregnant, are pregnant, or might want to become pregnant in the future.



Myth #2: If you were sick with COVID-19 before, you don't need the vaccine.

NOT TRUE. The COVID-19 vaccine provides stronger, longer-lasting protection from the virus than prior infection. A 2021 CDC study found that those who were unvaccinated and had a recent infection were 5 times more likely to get COVID-19 than those who were recently fully vaccinated and did not have a prior infection.



Myth #3: The vaccines will not work on new strains of the virus.

WRONG AGAIN. There have been many different strains of COVID-19 since the vaccine was approved in December 2020. The vaccine has remained extremely effective against severe illness, hospitalization, and death from all strains of the virus, including Omicron.

Source: John Hopkins Center For American Indian Health

Covid-19 Cases and Hospitalizations are Falling in Wisconsin

Health officials are encouraged by our recently falling numbers of Covid-19 cases and hospitalizations. Our Wisconsin numbers have continued to fall each day since last week Thursday. Health officials are encouraged by our state's recently falling numbers and are hopeful that this signals the end of the surge of the Omicron variant. State and private labs test a portion of positive Covid-19 tests to determine what variants are currently circulating. The most recent data shows that 100% of tested cases in Wisconsin were of the Omicron Variant.

Source: Milwaukee Journal Sentinel



We'd like people in the Indian community to be aware of Spotted Eagle, Inc. and their services. Please join us in meeting **Brad Kroupa, PhD**, their new Executive Director as he explains more about their Workforce Development program: **Friday, February 4th, 1pm - 2pm** at AICA's Wellness Center. Call to RSVP: 414-930-9210. Masks are required.

Have you checked out any books from our lending library lately?

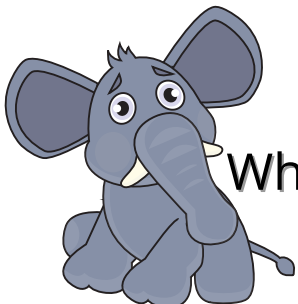
Give us a call to stop by or pick up a book when you visit us!



We have a children's library with all their favorite books!



We have a variety of fiction, non-fiction and Indian history and culture books too!



TODAY'S LITTLE CHUCKLE

Why don't elephants like playing cards in the jungle?

Answer: Because of all the cheetahs.