

I'M BORED LIST

93 NON-SCREEN IDEAS TO KEEP KIDS ENTERTAINED

1. Read a book
2. Go outside and catch bugs
3. Draw or paint a picture
4. Color the side of a box
5. Fill up and play in a baby pool of water
6. Try a new sport
7. Play board games
8. Go to the library
9. Write a story
10. Make up a dance
11. Listen to music
12. Play with sidewalk chalk
13. Play with play dough
14. Make a pillow fort
15. Create your own board game
16. Research an animal and make a presentation about it
17. Water the garden or plants outside
18. Have a water gun fight
19. Jump rope
20. Play hopscotch
21. Plan a menu for the day or week
22. Play wall ball
23. Write a poem
24. Paint rocks for the garden
25. Do leaf/nature rubbings
26. Sew a pillow with scraps
27. Write a letter to an elder
28. Do a jigsaw puzzle
29. Create your own word search with family names
30. Play with bubbles
31. Color in a coloring book
32. Play dress up
33. Give someone a silly makeover
34. Play cards
35. Bottle flip
36. Do a puzzle
37. Search for cool rocks
38. Go on a picnic
39. Make a lemonade stand
40. Make a time capsule
41. Make a bracelet or necklace
42. Bake something
43. Have a paper airplane competition
44. Create a new superhero costume
45. Play tag
46. Wash the car
47. Ride bike
48. Have a tea party
49. Water plants
50. Make a craft
51. Dig in the dirt
52. Make sock puppets and a puppet show
53. Host a fashion show
54. Jump rope
55. Go to the park
56. Fly a kite
57. Have a pillow fight
58. Journal
59. Plant flowers or plants
60. Run through a sprinkler
61. Make your own disc golf course
62. Make a magic show
63. Paint rocks
64. Make a scavenger hunt
65. Climb a tree
66. Help make lunch or dinner
67. Make popsicles
68. Play hide and seek
69. Create your own comic book
70. Make an obstacle course
71. Try a science experiment
72. Do a random act of kindness
73. Act out your favorite book
74. Play catch
75. Sing songs
76. Play a yard game like horseshoes
77. Go bird watching
78. Go on a hike
79. Play balloon volleyball
80. Learn how to juggle
81. Play Simon Says
82. Learn to hula hoop
83. Play charades
84. Reorganize a room
85. Search for four-leaf clovers
86. Write a letter to a tribal leader
87. Fill a box with items to donate
88. Write a song
89. Build a birdhouse
90. Build a mailbox
91. Hunt for animal tracks
92. Create a bowling alley
93. Make your own bingo game